



*Program*

EDMONTON, AB, CANADA



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*"I stood in the sunlight at last..."*

**BILL W. PG 18**

The 21st Annual WACYPAA Host Committee is thrilled to welcome you to Canada! We have an amazing conference planned for you that reflects our collective heritage - from honouring our presence on Treaty 6 land, to celebrating our western culture (yes - there's a mechanical bull!), to embracing the diversity of our LGBTQIA2S members.

Many of us are experiencing WACYPAA for the first time. Our YPAA group formed only three years ago and from our efforts, there are now YPAA groups organizing across Alberta. We welcome LETHYPAA, CALGYPAA, and our friends in Fort McMurray who are just starting to spark the fervour!

Coming out of dark districts and fractured groups, we have worked incredibly hard to bring unity and fellowship to the people of Alberta - the young and young at heart. Started from the bottom - now we're here! Yet there are friends not with us this weekend, young people who were so excited for this conference and lost the battle with addiction. May they be with us in spirit - forever a reminder that we still have work to do.

And so we are grateful to all of you for bringing your light, all of the locals who support us in coming together in unity, all of our American ambassadors of the YPAA culture for traveling to us... Thank you for being here and standing with us, in the sunlight at last.

*in love & remembrance*

**RYAN M.  
BRANDI S.  
DUSTIN L**

# FACTS, AIMS & PURPOSES OF WACYPAA

WACYPAA was conceived at the 1996 ASCYPAA (Arizona State Conference of Young People in AA), and was later founded in Anaheim, California on September 8th, 1996 at the 39th ICYPAA (International Conference of Young People in Alcoholics Anonymous) in a meeting of AA members from around the region to be served by WACYPAA. At that meeting the region was defined as the states of: Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington, and Wyoming; as well as Baja California Norte, Baja California Sur, Chihuahua, Durango, Sinaloa, Sonora, and the Canadian Provinces of British Columbia, Alberta and the Yukon Territory. Since that time, our region definition has been broadened to include Kansas, Nebraska, North Dakota, Oklahoma, South Dakota and Texas. Each year, the conference must be held within this region.

The purpose of WACYPAA is to build and strengthen unity in Young Peoples Groups in Alcoholics Anonymous in the western area of North America and Hawaii. The focus is especially to reach those areas which historically had little exposure to such conferences. The WACYPAA Advisory Council and the members of the Conference will encourage the participation from all states, provinces, and countries within the scope of the Conference. All bids will be given equal consideration regardless of size, population, or location. We recognize that not all AA members will find our conference necessary to their recovery from alcoholism, we seek only to provide it for those who find it desirable.

At the Anaheim meeting, the state of Arizona was tentatively chosen as the site for the first WACYPAA. The Arizona group was to present their bid in February 1997 at the All California Conference of Young People in Alcoholics Anonymous in San Francisco. Seven AA members volunteered to attend and serve as a temporary advisory council for the purpose of approving Arizona's bid, or to solicit further bids at a later date if the Arizona bid was not deemed to serve the best interests of the region. Once an initial site is chosen, a bid session will be held annually at each subsequent WACYPAA where a site will be chosen for the next year's conference. Any group of three or more AA members from within the region is welcome and encouraged to bid for a chance to host a WACYPAA in their local area.

Each year, AA conferences provide overwhelming evidence that large numbers of alcoholics are achieving a lasting and comfortable sobriety in Alcoholics Anonymous. These conferences offer an environment for celebration of our sobriety, as well as an opportunity to meet and share experience, strength, and hope with AA members who reside in areas other than their own.

# MAIN SPEAKER MEETINGS | BALLROOM

THURSDAY

28

**SUNLIGHT AT LAST - UNITY NIGHT**

Doors open at 7:00pm  
Unity Round Dance hosted by Adrian LaChance.  
Welcome Address: Larry M. (Area 78 Delegate)  
Secretary: Gavin B., Chair of WACYPAA XXI  
**Speaker: DESMOND T., EDYPAA (Edmonton, AB)**

FRIDAY

29

**SUNLIGHT AT LAST - LIGHT IT UP!**

Doors open at 7:00pm  
OLDYPAA Welcome Address  
State & Provincial Role Call: Pauline L. & Lindsey M.  
Secretary: Kyle F., Outreach Chair of WACYPAA XXI  
**Speaker: FAITH (Toronto, ON)**

Followed by live musical entertainment ft Ben F. & Guests  
Late Night Comedy: Brett Forte

SATURDAY

30

**SUNLIGHT AT LAST - WHERE'S IT GOING?**

Doors open at 7:00pm  
Welcome Address: Gordon L. (Area 78 Chair)  
Sobriety Countdown: April B. & Gavin B.  
Secretary: Nikita R., Co-Chair of WACYPAA XXI  
**Speaker: BRITA L. (Regina, SK)**

WHERE'S IT GOING - WACYPAA XXII Bid Announcement  
Followed by Dance with Skylar aka "DJ Nubbles"

SUNDAY

31

**SUNLIGHT AT LAST - MAGIC HOUR**

Doors Open at 8:30am, Program 9:00am - 10:30am  
Pop-Up Speakers & Topics  
Secretary: Lindsey M., Programs Chair of WACYPAA XXI  
**Speakers: MAURA S. (Al-Anon) & SCOTT S. (Edmonton, AB)**

## REGISTRATION

Registration will be open at 10am on Thursday, December 28. Located on the main floor at the doors of the main ballroom. Doors will be open FRI/SAT 8am-9pm, SUN 8am - 12pm.

## HOSPITALITY

Located on the 23rd Floor with amazing views of Edmonton's River Valley. Open Thursday at 12pm until the end of the conference. Stop in for fellowship, video games and Canadian treats!

## BID SCHEDULE

Friday, December 29

- 12PM Cities set up their outreach tables in Salon C.
- 5PM Bid Cities meet with Advisory for a Q & A in Klondike A (Third Floor)
- 10PM Meet & Greet with Advisory in Salon C.

Saturday, December 30

- 9AM Bid Skits Presentation - Salon C
- 8PM Where's it Going? Announced at Main Speaker Meeting
- 10PM Remaining Bid Cities meet with Advisory

Sunday, December 31

- 10AM New Host Committee meets with Advisory

## SAFE SPACES & ACCESSIBILITY

We are committed to creating as safe and inclusive space as possible at WACYPA XXII. Here are some things to move us in that direction:

- Safer Spaces & Accessibility crew on duty wearing a Host shirt with the "Safer Spaces & Accessibility" badge on the front. These special workers (special twerkers) can assist you anytime during the conference and will also have **NALOXONE KITS ON HAND**.

We also have:

- Physically accessible seating for folks in chairs, deaf or hard of hearing or in need of visual support.
- Ava 24/7 app for download at all meetings and panels.
- GENDER INCLUSIVE WASHROOMS on every floor where programming is taking place.

## MAIN EVENTS

### RIDE OR SLIDE | THURSDAY 12PM-5PM

Pre-Conference Event - Grab passes for the West Edmonton Mall Waterpark or check out the rides (including the world's largest indoor rollercoaster) at Galaxyland. Tickets are \$40 in advance, \$45 at the door.

OFF SITE - WEST EDMONTON MALL

### JUST GIVIN' ER - THE MECHANICAL BULL | FRIDAY 12PM-3PM

Live it up like a true Albertan gunslinger and see how long you can cling to Ol'Bessie. Ride at your own risk.

MAIN FLOOR | BALLROOM B

### LATE NIGHT COMEDY | FRIDAY 10:30PM

Live musical entertainment by Ben F. and special guests, followed by comedian Brett Forte.

MAIN FLOOR | BALLROOM

### SUNLIGHT AT LAST DANCE | SATURDAY 10:00PM

Leave your heart on the dance floor. Music provide by DJ Nubbles.

MAIN FLOOR | BALLROOM

### NEW YEAR'S EVE BASH | SUNDAY 6:00PM

Co-hosted with 84th Street at the Alberta Avenue Hall (9210-118 Avenue) - tickets are \$20 and available at registration. Tickets include Roast Beef Dinner, Speaker Neal F. (Portland, OR), skating and dance!

## YOGA & MOVEMENT

### NAMA-JUST- STAY | FRIDAY 8:00AM - 9:00AM

Sunrise Yoga class with Kyle F.

MAIN FLOOR | RIVER VALLEY ROOM

### BURLESQUE FITNESS | FRIDAY 11:00AM - 12:00PM

Unlock your inner Queen Bee with Cass Cass.

MAIN FLOOR | RIVER VALLEY ROOM

### MINDFUL MOVEMENT | FRIDAY 3:00PM - 4:00PM

Cultivating presence with a free movement dance class by Cinnamon C.

MAIN FLOOR | RIVER VALLEY ROOM

### HATHA YOGA | SATURDAY 8:00AM - 9:00AM

Gentle Morning Yoga with Kelly L.

MAIN FLOOR | RIVER VALLEY ROOM

### FITNESS FUN | SATURDAY 11:00AM - 12:00PM

Get your sweat on with this body-weight exercise class led by Hayley M.

MAIN FLOOR | RIVER VALLEY ROOM

### I JUST WANNA DANCE | SATURDAY 2:30PM - 3:30PM

Fun, meditation and dance movement with Kara N.

MAIN FLOOR | RIVER VALLEY ROOM

### BALLROOM HATHA | SUNDAY 7:00AM - 8:00AM

Gentle Morning Yoga with Kelly L.

MAIN FLOOR | MAIN BALLROOM - DANCE FLOOR

## CRAFTY ACTIVITIES

### CANADIAN PHOTO BOOTH & TEMP TATTOOS | ANYTIME

MAIN FLOOR | BREEZEWAY

### ART & CRAFTS ROOM | THURSDAY - SATURDAY 8:00AM-5:00PM

Decorate your lanyard or take time to chill and be creative.

THIRD FLOOR | KLONDIKE A

### LETTING GO PAINTING CLASS | FRIDAY 12:30PM - 2:00PM

Art instruction by Cass Cass.

THIRD FLOOR | KLONDIKE A

## MEDITATION

### SANCTUARY | FRIDAY & SATURDAY 8:00AM - 6:00PM

Quiet space for prayer and meditation. Cushions provided.

THIRD FLOOR | MCDOUGALL ROOM

### MINDFUL MEDITATION & RECOVERY

FRIDAY 4:00PM - 5:30PM & SATURDAY 12:00PM - 1:30PM

Guided Meditation provided by the Shambhala Centre.

THIRD FLOOR | MCDOUGALL ROOM

## RECOVERY MOVIE THEATRE

### VARIOUS RECOVERY FILMS

FRIDAY 11:00AM - 5:00PM & SATURDAY 10:00PM

Popcorn provided! Schedule TBA at registration & outside the theatre.

THIRD FLOOR | KLONDIKE B



## PANEL DISCUSSIONS - FRIDAY

### KEEPING A.A. SAFE | 9:30AM-10:30AM

We want the hand of AA to always be there, but when do we draw the line for our common welfare? Members share on the importance of being present and aware in the rooms and how they handled the challenges of accessibility and responded to predatory or violent behaviour.

Kyle F. (Edmonton, AB), Rick G. (Edmonton, AB), Sarah H. (Edmonton, AB)  
**MAIN FLOOR | BALLROOM A**

### BUILDING UP YPAA COMMUNITIES | 10:30AM - 11:30AM

How to keep your friends, sobriety and sanity while working with others.

Members of WACYPAA XXI Host Committee  
**MAIN FLOOR | LACOMBE ROOM**

### 99 PROBLEMS: WOMEN WHO DON'T TRUST WOMEN | 11:00AM - 12:00PM

How members overcame their fears through the fellowship and/or Women Only Meetings and found the joy of cultivating their Female Tribe.

Desiré H. (Seattle, WA), Lindsey M. (Edmonton, AB), Emmy O. (Los Angeles, CA)  
**MAIN FLOOR | BALLROOM A**

### CHANGE I MUST OR DIE I WILL | 1:00PM- 2:00PM

Chronic relapsers share on the program of action required to set them on the course of continuous sobriety.

Myk H. (Calgary, AB), Sean M. (Astoria, NY), Sierra P. (Seattle, WA)  
**MAIN FLOOR | BALLROOM A**

## PANEL DISCUSSIONS - FRIDAY

### ARRESTED DEVELOPMENT | 2:30PM-3:30PM

You can do anything in recovery - including jail time. How the court system helped these alcoholics turn their lives around in unexpected ways.

Greg B. (Sherwood Park, AB), Liz W. (Edmonton, AB), Tait N. (Honolulu, HI)  
**MAIN FLOOR | BALLROOM A**

### FORGIVENESS SET ME FREE | 4:00PM - 5:00PM

Through amends we attempt to set things right, but how do we let go of the pain caused by others? Members share on the significant moments where acts of forgiveness set them free of painful past experiences.

Vance A. (Edmonton, AB), Tara L. (Kelowna, BC), Daniel R. (Boise, ID)  
**MAIN FLOOR | BALLROOM A**

## SPEAKER MEETING - FRIDAY

### AGNOSTICS & ATHEISTS : DO I NEED GOD TO GET SOBER? | 1:00PM - 2:00PM

Speaker meeting with the We Agnostics preamble. Members share on how A.A.'s program of living helped get them sober and continues to work in their recovery.

Shaylee (Las Vegas, NV), Michael J. (Edmonton, AB), Blake R. (Seattle, WA), Kethra S. (Edmonton, AB)  
**MAIN FLOOR | BALLROOM A**

PANEL DISCUSSIONS - SATURDAY

OLDYPAAS ON EMOTIONAL SOBRIETY | 9:30AM-10:30AM

Members with double-digit sobriety share on what it takes to continue on the path of recovery.

Cinnamon C. (Edmonton, AB), Pat L. (Edmonton, AB), Larry M. (Devon, AB), Wayne P. (Edmonton, AB)  
MAIN FLOOR | BALLROOM A

RIG PIGS IN THE TWIGS | 9:30AM - 10:30AM

A discussion on how members stay sober in remote locations, deal with isolation and how to stay connected to AA during long stretches of working up North.

Steven H. (Edmonton, AB), Shanna J. (Edmonton, AB)  
MAIN FLOOR | BALLROOM B

SPONSORSHIP: CARRY THE MESSAGE, NOT THE ALCOHOLIC | 11:00AM - 12:00PM

A straight-shooting approach to working with others - the do's and don'ts of sponsorship.

Daisy F. (Edmonton, AB), Roger H. (Edmonton, AB), Jordan M. (Summerland, BC), Kara N. (Calgary, AB)  
MAIN FLOOR | BALLROOM A

POWERLESS - THAT FIRST BIG STEP | 11:00AM - 12:00PM

Members share their experience with Step 1 and their understanding of powerlessness further into their recovery.

Dan C. (Edmonton, AB), Suzie K. (Vancouver, BC), Dean L. (Edmonton, AB), Hayley M. (Summerland, BC)  
MAIN FLOOR | BALLROOM B

PANEL DISCUSSIONS - SATURDAY

LOVING YOU, LOSING ME | 1:00PM - 2:00PM

How do you cope with a relationship that is affected by alcoholism? Al-Anon members share on finding a sense of self whether the alcoholic is drinking or not.

Mika C. (Edmonton, AB), Pauline L. (Auckland, NZ)  
MAIN FLOOR | BALLROOM A

I GOT ISSUES, YOU GOT THEM TOO | 1:00PM - 2:00PM

Putting down the drink was just the beginning. Members share on dealing with concurrent disorders on the mental health spectrum and needing to find outside help.

Skye B. (Seattle, WA), Nikita R. (Edmonton, AB), Peter R. (Calgary, AB), Cassie R. (Edmonton, AB)  
MAIN FLOOR | BALLROOM B

SEX CONDUCT: WORKING AN HONEST PROGRAM IN THE "HOOK-UP" CULTURE | 2:30PM - 3:30PM

Are Tinder and Grinder outlets for addiction? Does casual sex serve our spiritual evolution? How do we cultivate healthy relationships and sober sexual conduct?

Crystal C. (Edson, AB), Rachael D. (San Diego, CA), Ken F. (Edmonton, AB), Ang K. (Kelowna, BC)  
MAIN FLOOR | BALLROOM A

TEENAGE WASTELAND | 2:30PM - 3:30PM

They had a desire to stop drinking as teenagers. Hear how these members found their place in A.A. and the unique challenges they faced being young and sober.

Laura B. (Chicago, IL), Chris B. (Austin, Texas), Eric C. (Edmonton, AB)  
MAIN FLOOR | BALLROOM B

RESILIENT RECOVERY: STAYING STRONG THROUGH THE PAINS OF SOBRIETY | 4:00PM - 5:00PM

Their faith was challenged when adversity struck. Hear how these alcoholics found a way to practice Step 3 through their trials and tribulations.

Marie F. (Calgary, AB), Kelly L. (Kelowna, BC), Jared T. (Reno, NV)  
MAIN FLOOR | BALLROOM A

SPEAKER MEETING- SATURDAY  
IN OUR FIRST YEAR | 12:00PM - 1:00PM

A celebration of the first year and those working toward it.

Jon B. (Edmonton, AB), Leah F. (Edson, AB), Mike S. (Summerland, BC), Stephanie S. (Edmonton, AB), Wasif N. (Edmonton, AB)  
MAIN FLOOR | LACOMBE ROOM

A.A. WORKSHOPS - SATURDAY  
SOCIAL MEDIA & ANONYMITY | 11:00AM - 12:00PM

The face of A.A. is changing and so is our access to it. Join the discussion on the principles of Tradition 11 and how to apply it when on social media. Questions encouraged!

Faith (Toronto, ON), Larry M. (Devon, Alberta), Wayne P. (Edmonton, AB)  
THIRD FLOOR | KLONDIKE B

MINDFUL APPROACH TO STEP 10 & 11 | 1:00PM-2:30PM

What does the practice of Step 10 & 11 look like? Join in a meditation and discussion on cultivating presence and awareness.

Cinnamon C. (Edmonton, AB)  
THIRD FLOOR | KLONDIKE A

THE SPIRIT OF HEALING | FRIDAY 3:30PM - 5:00PM

Who are you? Art & healing workshop led by Adrian LaChance.

THIRD FLOOR | KLONDIKE A

HOST COMMITTEE OF WACYPAA XXI

CHAIR: GAVIN B.	ARCHIVES: IAN "OLDYPAA" G.
CO-CHAIR: NIKITA R.	BYLAWS: TERA B.
SECRETARY: DAISY F.	GENERAL SERVICE LIAISON: IAN "YOUNG GEEZY" G.
CO-SECRETARY: ANNIE D.	VOLUNTEER COORDINATORS: MICHAEL J., TERA B.
TREASURER: LUCAS H.	HOSPITALS & INSTITUTIONS: CHELSEA B.
CO-TREASURER: NIKITA R.	LGBTQIA LIAISON: MARIE F.
PROGRAM: LINDSEY M.	TRANSPORTATION & HOSPITALITY: KEN F.
FACILITIES: SHANNA J.	AUDIO VISUAL: ROGER H.
CO-FACILITIES: APRIL B.	ARTS & GRAPHICS: LINDSEY M.
EVENTS: SHANNA J.	IT & WEBMASTER: KYLE F.
CO-EVENTS: APRIL B.	MERCHANDISE: KYLE F.
BID CITIES LIAISON: PAULINE L.	ACCESSIBILITY: KYLE F.
OUTREACH: KYLE F.	SECURITY: TOM A.
CO-OUTREACH: BRI B.	
INREACH: JORDY S.	
REGISTRATION: LUCAS H.	



# MARATHON MEETINGS

## FRIDAY

9AM 84th Street  
 12PM Getting Greasy with GRSYPAA  
 1PM Atheist & Agnostic Speaker Meeting  
 4PM TEXYPAA AA Meeting  
 6PM MYTYPAA AA Meeting  
 12AM BOISYPAA Birthday Meeting (CHIPS PROVIDED)

Edmonton, AB  
 Greater Seattle Area  
 Various  
 Austin, Texas  
 Montana Young People  
 Boise, Idaho

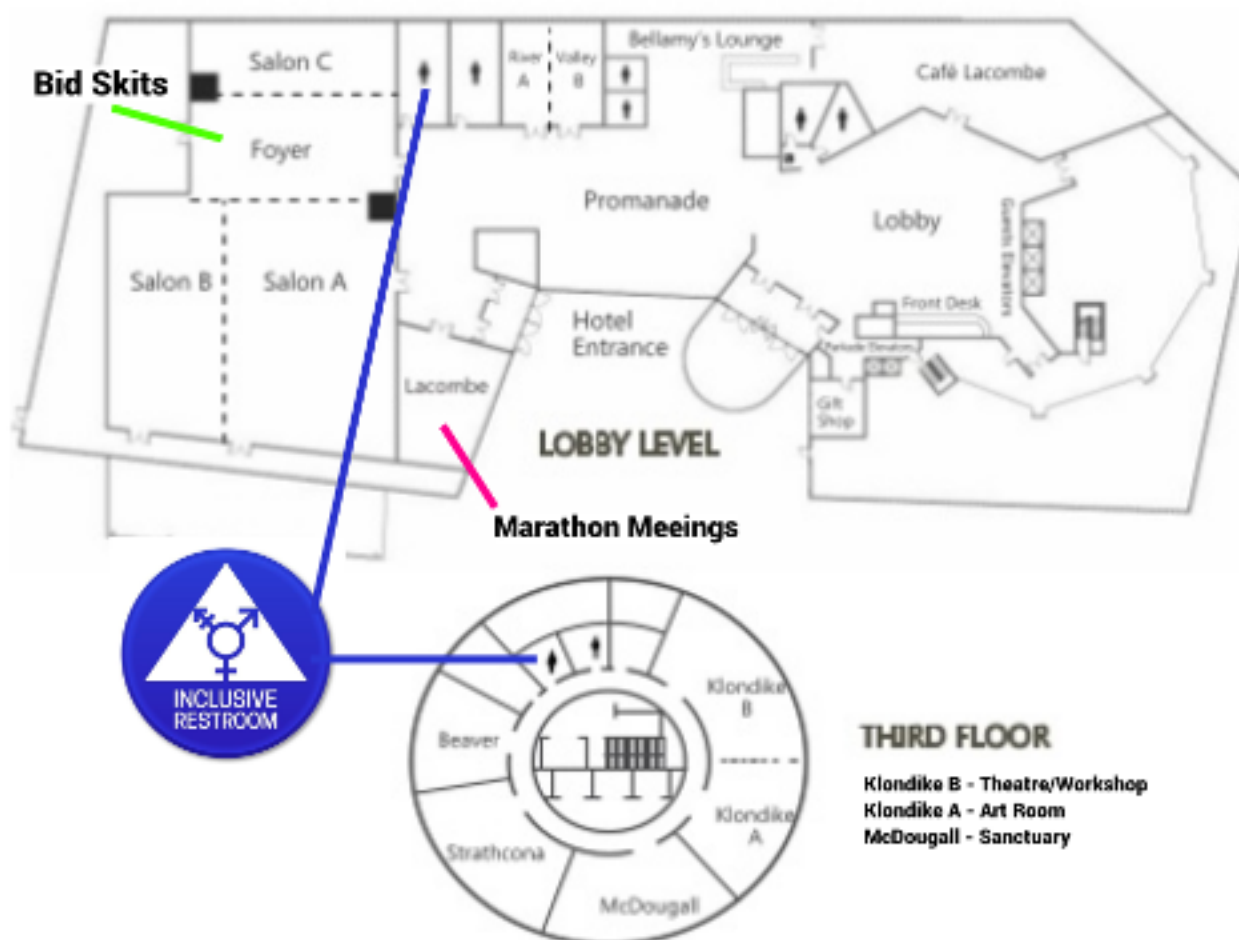
## SATURDAY

8AM Shifters  
 10AM Mill Creek Alanon Family Group  
 12PM In Our First Year Speaker Meeting  
 1PM Honesty/Higher Power - Terra Nova Group  
 4PM Kickin' It with KIRBYPAA  
 12AM Rainbows to Recovery - Open LGBTQIA2S

Edmonton, AB  
 Edmonton, AB  
 Various  
 Edmonton, AB  
 Washington Area  
 Edmonton, AB

## MAIN FLOOR | LACOMBE ROOM

Room open 24 hours. Meetings after 1am - hosted by volunteers. Empty time slots are welcome to be filled. Contact volunteers at registration to be of service!



*Program*

EDMONTON, AB, CANADA